

Patients who complete our Diabetes Group Education Series lower their A1C by an average of 1.17%.

2017 Sessions

January 25, Feb 1, 8, and 15
1:30 – 3:30 PM

April 5, 12, 19, and 26
5:30 – 7:30 PM

June 1, 8, 15, and 29
1:30 – 3:30 PM

August 2, 9, 16, and 23
5:30 – 7:30 PM

October 5, 12, 19, and 26
9:30 – 11:30 AM

If you are unable to make it to a class, you can make it up at a later date.

CHI St. Anthony Hospital Diabetes Group Education Series

You will learn from

- a certified diabetes educator
- a dietitian
- other people living with diabetes

Designed for people who are

- newly diagnosed
- living with diabetes for many years

Topics covered include

- defining diabetes
- target blood glucose levels
- managing high and low blood sugars
- eating to control blood sugar levels
- utilizing blood sugar monitoring
- preventative healthcare for diabetes
- preventing long-term complications
- medication options

Call to register today!

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Most major insurance,
Medicare, and Medicaid
accepted.



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