

Spring 2026

Rejuvenate

Library of things

Borrow  Try  Return

Welcome to Our Library of Things

Imagine having access to all sorts of cool stuff without the clutter or expense. That's what our Library of Things is all about! We've got crafting tools, gadgets, games, and recreational gear—basically, anything you might need for a project or just for fun.

How to Borrow from Us:

1. **Pick Your Item:** Browse our collection and choose something that catches your eye. Take the tag that corresponds to your item.
2. **Check Out:** Head to the front desk with your tag, and our friendly circulation team will help you get everything ready to take home.

Important Note: For some of the more valuable equipment, a small deposit. Don't worry, you'll get it back when you return the item.



A Shared Vision

With grants awarded for the 2026 Champions of Change, St. Anthony Hospital continues to build a vibrant, equitable, and healthy community.



CHI St. Anthony Hospital

A member of CommonSpirit



A Shared Vision

Through the CommonSpirit Health Community Health Improvement Grants Program, St. Anthony Hospital partners with local organizations to bridge the gap between surviving and thriving.

Health is about more than what happens within the walls of a hospital. It is about access to nutritious meals, the ability to explore the great outdoors, and the security of knowing a community safety net is in place when times get tough.

Every year, St. Anthony Hospital reaffirms its commitment to this holistic vision of wellness by awarding community grants to organizations that serve as the backbone of Pendleton and the surrounding areas. This January, three local Champions of Change were awarded \$15,000 each to fuel projects that address food insecurity and promote active lifestyles.

St. Anthony Hospital views these partnerships as a vital investment in the long-term health of the entire region. By connecting neighbors to essential resources and services, the hospital and its partners work together to improve individual well-being and strengthen the community's collective future. This year's grantees exemplify that mission through their dedication to service and innovation.



Major DeWayne Halstad

The Salvation Army: *Nourishing the Soul and the Body*

For many in Pendleton, the most basic human need—food—is a daily struggle. The Salvation Army Daily Feeding Program is a critical lifeline, offering a hot meal seven days a week to anyone who walks through the doors of the Community Center on SE Emigrant Avenue.

The program serves approximately 150 meals a day through on-site dining and deliveries, reaching over 2,100 individuals and totaling more than 40,000 meals this past year. However, the mission faces significant headwinds. Salvation Army Pendleton Corps Officer Major DeWayne Halstad notes that the cost of food containers has tripled and cutlery costs have nearly doubled in just one year.

“With the rising cost of food and supplies, this grant will allow us to continue to provide quality meals to those who depend on us for what could be their only meal of the day,” Major DeWayne says. “We have seen an increase of approximately 10% more people served this year over last year.”

Beyond the nourishment, the program provides a sense of belonging.

“They come to our center and spend time with people who care about them and they get to break bread with their friends,” Major DeWayne says. “We are just trying to do the Lord’s work with the help of our community.”

To learn how you can help, including donating to our community, visit pendleton.salvationarmy.org/pendleton.

CAPECO:

Strengthening the Food Supply Chain

The Community Action Program of East Central Oregon (CAPECO) manages the massive infrastructure required to get food across Umatilla, Morrow, Gilliam, and Wheeler counties.

During a typical year, CAPECO Food Share delivers over one million pounds of food to 19 partner agencies, which in turn distribute over 100,000 boxes of food to local residents. The \$15,000 grant from St. Anthony Hospital is earmarked for operational funds, specifically covering 50% of the salary for a part-time warehouse staff member. This ensures that the trucks stay on the road and the shelves stay stocked.

“It is not OK for us to live in a society where 1 in 5 of us cannot get our basic needs met and must make the impossible choices between rent and food, or medicine and food,” says Stephanie Heaton, MPA, Program Director at CAPECO.

The need for a robust food bank became even more evident when SNAP benefits faced delays earlier this year. CAPECO acted as a buffer, purchasing emergency food to keep community pantries full. Stephanie notes that while 70% of their funding comes from federal and state sources, the remaining 30% relies entirely on public donations and foundation grants.

“These funds will help CAPECO move individuals from surviving to thriving,” Stephanie says. “Our vision is to eliminate poverty and promote independence through the sharing of resources.”

To learn more and make your own donation to CAPECO, visit capeco-works.org/donate.



CAPECO Food Share Program Staff



Jennifer Johnson, Library Director

Pendleton Friends of the Library:

Breaking Barriers to the Outdoors

Staying active in nature is known to fuel your health. However, the high cost of outdoor gear—from tents to fishing poles—often keeps families from exploring the beautiful landscapes of Eastern Oregon.

The Pendleton Friends of the Library is using its \$15,000 grant to launch the Library of Things Recreation Expansion Project. The goal is simple: to break down the cost barriers that keep community members from accessing healthy outdoor activities.

“The Library of Things exists so community members can access healthy, enriching outdoor activities without the pressure of purchasing gear up front,” says Library Director Jennifer Johnson. “This partnership with St. Anthony Hospital makes this possible for more people.”

The Champions of Change grant will fund:

- Backpacking gear specifically sized for children
- A new starter collection of fishing equipment
- Expanded inventory of popular water gear
- Educational print materials and public programs to teach patrons how to use the equipment

Recreation equipment is just one type of nontraditional items for check out at the Library of Things. Do-it-yourself kits, games, toys, and technology are also available.

“We know our residents love the Library of Things,” Jennifer says, “and we want to make sure we continue to add to and evolve the collection to meet new interests. The library is excited to help more families and individuals discover nearby adventures.”

Visit sites.google.com/view/pfolpendleton/support-pfol to learn how you can support Pendleton Friends of the Library.



Your Passport to

Wellness

May 16
10 a.m. to 3 p.m.



St. Anthony Hospital’s annual health fair brings together education, interactive fun, and essential screenings to help Eastern Oregon thrive.

Improving health outcomes is a journey that requires the right map. For Pendleton and surrounding communities, that map is the Passport to Wellness Health Fair. This free annual event transforms a single location into a comprehensive hub of health-related services, providers, and educational resources.

The fair serves as a vital forum, connecting nonprofits, recreational programs, and clinical experts with the people who need them most.

“The overarching goal is to improve our community’s health outcomes,” says Janet McFarlane, Community Health Outreach Coordinator at St. Anthony Hospital. “It provides information, education, and hands-on learning opportunities all in one location.”

A MULTIDISCIPLINARY APPROACH

While the planning process adds new partners every year, the fair consistently offers a wide range of essential services. St. Anthony Hospital and local clinics typically host booths providing immediate health checks, such as blood pressure and blood glucose screenings.

Beyond clinical vitals, attendees can access information on:

- Establishing a primary care provider
- Fall prevention and trauma education
- Mental and behavioral health resources
- Support services, including veterans’ benefits, hospice, and grief support
- Specialized care from local nonprofits ranging from naturopathic options to dental health

State programs like the Oregon Health Plan and Supplemental Nutrition Assistance Program, or SNAP, often participate, ensuring families can navigate the logistical side of wellness alongside the medical.

FUN FOR THE WHOLE FAMILY

Health education does not have to be clinical or intimidating. To accommodate growing interest, this year’s fair is expanding its footprint at the Convention Center. The event will feature a dedicated space for family-friendly, interactive activities.

Youth participants can visit the Teddy Bear Clinic or join Oregon State University Extension Master Gardeners for seed planting. Once participants have their “Passports” filled by visiting various booths, they can enter a raffle giveaway.

“Everyone should attend,” Janet says. “The event is fun and engaging for all ages. I’ve had several community members share that they learned about new programs or services, and many felt a stronger sense of community.”

COMMITMENT BEYOND THE FAIR

The health fair is just one component of St. Anthony Hospital’s year-round commitment to Eastern Oregon. The hospital provides financial support to numerous programs, including the Salvation Army Feeding program and Pioneer Relief Nursery.

Outreach efforts also extend to local schools to address food insecurity and to senior congregate lunches to provide ongoing health education. By connecting community members to resources, the hospital aims to create a ripple effect of wellness that benefits everyone.

“At each of the past fairs, I have seen people leave the event after being connected to a service they needed,” Janet says. “That’s what it’s all about.”

The St. Anthony Hospital Passport to Wellness Health Fair is FREE to the community. Stop by May 16 from 10 a.m. to 3 p.m. at the Pendleton Convention Center. Interested in hosting a booth? Email Health.Fair@commonspirit.org.

Year in Review St. Anthony Hospital

FISCAL YEAR 2025



313 babies delivered

1,271 patients admitted
(386 from ER)



\$4.16 million

St. Anthony Hospital's cost of uncompensated care



49,114 outpatient appointments



1,894 surgeries performed

\$3.9 million

total community benefit



14,376 ER visits



409 employees
(\$50.8 million total salaries paid to employees)

A New Face in

Dermatology

Marla Kae Stahlnecker, FNP, blends clinical expertise with a commitment to community.

A Family Nurse Practitioner with over 20 years of experience, Marla Kae Stahlnecker, FNP, is passionate about medical dermatology and dedicated to supporting patients at every stage of life. St. Anthony Hospital is excited to announce Marla Kae as its new dermatology nurse practitioner, maintaining specialized skin care services locally.

A PASSION FOR COMMUNITY CARE

Graduating with a Bachelor of Science in Nursing (BSN) from Loma Linda University and a Master of Science in Nursing (MSN) from Washington State University, she found her calling in dermatology during graduate school.

"When the local dermatology practice I worked with closed, I was encouraged to join St. Anthony Hospital, and I immediately felt welcomed," Marla Kae shares. "It's a place with a mission and values that align with my own and allows me to continue serving patients and address their concerns."



Marla Kae Stahlnecker, FNP

She focuses on managing conditions such as acne, eczema, psoriasis, and rashes, while also performing skin cancer screenings, biopsies, and cryosurgery. Patient education, including some of the basics about sun protection and managing dry skin, is a cornerstone of her approach.

"St. Anthony Hospital's warmth, support, and collaborative spirit make it a joy to work here and care for patients," Marla Kae says. "My goal is to create plans that fit each individual's needs and help them feel confident in their skin health."

To schedule an appointment with Marla Kae, call Dermatology at 541-966-0535.



CHI St. Anthony Hospital

A member of CommonsSpirit

St. Anthony Hospital
2801 St. Anthony Way
Pendleton, OR 97801-3800

THIS PUBLICATION IN NO WAY SEEKS TO SERVE AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL CARE. CONSULT YOUR DOCTOR BEFORE UNDERTAKING ANY FORM OF MEDICAL TREATMENT OR ADOPTING ANY EXERCISE PROGRAM OR DIETARY GUIDELINES.



Rooted in Community

For Kolin Craig, working at St. Anthony Hospital is more than a job—it’s a way to give back to the community he calls home.

Kolin enjoys the hands-on nature of his role for Facilities Groundskeeping, from repairing equipment to working outdoors and seeing the results of a productive day. Whether he’s fixing machinery or maintaining the hospital grounds, there’s a sense of accomplishment that comes with keeping things running smoothly.

“I’ve lived here in Pendleton a long time, and the hospital has cared for friends and family over the years—me, my mom, son, and dad,” Kolin says. “I feel good working and serving here.”

PART OF THE TEAM

Teamwork is central to Kolin’s experience in the Facilities Department. He points to a recent project replacing a laundry chute as a standout example. Grounds and facilities team members worked side by side—lifting, fabricating, problem-solving, and sharing tools—until the job was complete.

“We each bring something different, and we keep at it until it’s done,” Kolin says.

Kolin often hears positive feedback about the hospital’s grounds, from well-kept landscaping to snow removal during winter months. Staff and patients alike appreciate the healing garden and green spaces that help create a welcoming environment.

“I’m happy to be part of a good department and crew,” Kolin says, his guiding motto reflecting that spirit: “Give when you can, ask when you need help, accept help when offered.”

Interested in joining the team at St. Anthony Hospital?
Visit sahpendleton.org/careers for more information.

ALZHEIMER’S & DEMENTIA CAREGIVERS SUPPORT GROUP

Share thoughts, ideas, concerns, questions, and coping strategies in a nonjudgmental and caring atmosphere.

2nd & 4th Mondays of each month

10:30 a.m. to NOON

St. Anthony Hospital - Conf. Rm 3

2801 St. Anthony Way - Pendleton

DROP IN - NO REGISTRATION REQUIRED

ZOOM OPTION AVAILABLE

Email janet.mcfarlane@commonspirit.org for meeting information.

Questions? Call 541-966-2211.



Great team of surgery caretakers!
From before surgery to after,
**I was taken care of expertly
and with kindness.**

—A.R., ST. ANTHONY HOSPITAL PATIENT