

Fall/Winter 2025

Rejuvenate

All Is
Bright

The 2025 Festival of Trees

Welcome the holiday season at one of our community's most magical annual events.



CHI St. Anthony Hospital

A member of CommonSpirit



All Is Bright

The 2025 Festival of Trees

Start the holiday season with light and laughter at a cherished community event.

Many communities have a special way of kicking off the holidays that brings neighbors and families together in celebration. For more than 30 years, one event has helped signal to Pendleton that the most joyful time of year has arrived: the St. Anthony Hospital Foundation Festival of Trees. Bring your family, friends, or out-of-town guests to experience this year's event on Saturday, Nov. 29, at the Pendleton Convention Center.

"The Festival of Trees is the perfect opportunity to jump into the holiday spirit," says Emily Smith, Foundation Director. "Occurring right after Thanksgiving, the event is a great time to find beautifully decorated trees and wreaths for your home. Adults can enjoy an evening filled with holiday joy at the Festival of Trees Gala."

Best of all, the festivities help enhance local communities' health, well-being, and culture. Funds from the Festival of Trees will support state-of-the-art equipment for the St. Anthony Hospital Emergency Department (ED) and programs by this year's nonprofit event partner, the Arts Council of Pendleton.

SEASONAL CRAFTS, STOCKING STUFFERS, AND SANTA

The festival fun starts with Family Day, a free event from 10 a.m. to 1 p.m. Family Day has something for everyone, including kids.

Little ones can show off their creative side by making seasonal arts and crafts. There will be games for them to play and photo opportunities with the event star, Santa Claus.

Attendees can grab a bite to eat at Rudolph's Café, purchase a gift from the Mystery Tree, and browse the artfully decorated trees available for auction. The festival will feature eight large live trees, 10 small artificial trees, 10 fresh wreaths, and a variety of gift baskets.

Get Your Greenery

Interested in bidding on a decorated tree, wreath, or gift basket as part of the Festival of Trees' fundraising auction? Sign up at sahpendleton.org/festivaloftrees and bid online from the comfort of home or at the Festival of Trees Gala.

Winners can pick up their prizes at the end of the gala or the next morning at the Pendleton Convention Center. Free local delivery is available for live trees.





"The decorated trees range from whimsical to elegant, and they're different from year to year," says June Mohrland, Foundation Board Chair. "I'm always amazed by the various themes and the great work of the community members who decorate the trees."

AGLOW AFTER DARK

The Festival of Trees Gala, the 21-and-older event, begins at 6 p.m. With the lights low and Christmas music filling the air, guests can admire the trees' brilliant splendor while enjoying a fun night out.

"Tickets for the Festival of Trees Gala have sold out in past years, so we highly encourage purchasing in advance," Emily says. "It's sure to be a memorable evening. We'll have a plated prime rib dinner, complimentary beer and wine, a cash bar, live music, mystery gifts for purchase, a heads-or-tails game, and much more."

ENHANCING EMERGENCY CARE

As the Foundation's most important annual event, the Festival of Trees is key in supporting the mission of St. Anthony Hospital. In the past year, St. Anthony Hospital Foundation has funded nearly \$300,000 in purchases, including an ultrasound machine for the Anesthesia Department, an upgrade to the portable X-ray machine, a labor and delivery bed, and a bone density scanner.

Patients in the hospital ED will be the biggest beneficiaries of this year's Festival of Trees. The event will help fund the purchase of a bedside ultrasound machine, imaging technology that speeds diagnosis and treatment during emergencies. In addition, funds raised will go toward purchasing an automatic chest compression device. This machine can provide lifesaving care for patients experiencing sudden cardiac arrest.

"The Festival of Trees is a great event for a great cause," Emily says. "We hope you'll come out and help us spread the holiday spirit."

Tickets are limited and on sale now! For more information or to purchase tickets, visit sahpendleton.org/festivaloftrees.

The Art of a 'Win-Win'

According to a 2023 survey by the American Art Therapy Association, more than three-quarters of Americans believe the arts are crucial to their well-being. The Arts Council of Pendleton, this year's nonprofit partner for the Festival of Trees, works to ensure everyone in our communities can enjoy the benefits of creative expression.



Established in 1974, the Arts Council hosts education programs in Umatilla and Morrow counties. Its galleries and marketplaces, including the Pendleton Center for the Arts, showcase work by new and established artists while helping to power the local economy.

"Having a local nonprofit partner like the Arts Council of Pendleton is a win-win for St. Anthony Hospital Foundation and the community organization," says June Mohrland, Foundation Board Chair. "The Festival of Trees is a labor-intensive event. Our partner provides much-needed assistance in exchange for sharing the funds raised. The Arts Council serves all ages in our community by sponsoring various classes. For example, I'm always impressed with the success of Rock & Roll Camp, which is very popular with young, emerging musical artists."

The Foundation appreciates the Arts Council's assistance and is proud to help them nurture creativity in our communities.

Coming Together *for Good*

St. Anthony Hospital Foundation's newest group of donors is ready to make an impact.

If you want to find new friends and help enhance the quality of life in Eastern Oregon, the Women's Giving Society may be the perfect group for you. Established this spring as part of St. Anthony Hospital Foundation, the Giving Society helps fund important equipment and programs at St. Anthony Hospital through annual gifts. The organization includes more than a dozen members and counting.

"The Foundation's mission is to build lifelong relationships with community members and raise funds for the preservation and expansion of healthcare services at St. Anthony Hospital," says Emily Smith, Foundation Director. "The Giving Society helps champion the mission of the Foundation as a group of women dedicated to supporting the health and wellness of our communities and the hospital."

MAKING MEMORIES

The Giving Society hosts three annual social events for members, allowing them to have fun together while deepening their connections. Earlier this year, members shared laughs and stories during a wine mixer in Pendleton. The Giving Society got together again in September for a floral arranging workshop, where every member's creativity was in full bloom.

For their final event of the year, Giving Society members will gather for the Silver Bells Luncheon, which will be held in

conjunction with the Foundation's annual Festival of Trees. The luncheon will mark an important milestone for the group, when members will decide how to use their funds to enhance services at St. Anthony Hospital.

BRINGING HOLIDAY CHEER

Throughout the year, members' dues enter a special Foundation fund, which the Giving Society uses to support the hospital.

"At the Silver Bells Luncheon, Giving Society members will hear proposals from different hospital leaders on needed items and projects within various departments," Emily says. "The society members will then vote to decide what their combined funds will support for this year."

Whatever the members elect to support, their decision will help enhance health care in Pendleton and the surrounding communities for years to come. The Foundation is grateful for the generosity that Giving Society members have shown throughout the group's inaugural year and can't wait to see the impact members make in 2026 and beyond.

The Women's Giving Society welcomes new members. To learn more about joining, visit sahpendleton.org/foundation or call 541-278-2627. You can join with a one-time annual gift of \$500 or a monthly donation of \$42.

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Joining the Women's Giving Society is a **great way to build friendships with others who have shared community values** and are interested in supporting the mission of St. Anthony Hospital and its Foundation.”

— EMILY SMITH, DIRECTOR OF ST. ANTHONY HOSPITAL FOUNDATION



Giving Society members and guests at the September Giving Society event



Meet Our **New Midwife**

Lindsie Lincoln recently joined St. Anthony Hospital as its first midwife, giving women another option for lifelong and pregnancy-related care.

Oregon native and certified nurse midwife Lindsie joined the St. Anthony Hospital Women's Clinic in August. The mother of four brings more than a decade of experience helping women navigate pregnancy, labor, and delivery.

"What I enjoy most is being part of such a momentous occasion as childbirth," Lindsie says. "Witnessing the miracle of life never loses its awe factor. Supporting families through such vulnerable moments is my passion."

PROVIDING HOLISTIC CARE

Midwives differ from OB-GYNs in their approach to labor and delivery. Complementing the care OB-GYNs provide, such as performing cesarean sections, midwives focus on natural labor and birth options.

"Midwives can spend more time with moms during labor and delivery than OB-GYNs might be able to," says Katy Norton, MHA, Director of Provider Services at St. Anthony Clinic. "They offer hands-on, personalized support throughout the process."

The midwife's involvement doesn't stop when mother and baby leave the hospital.

"We care for women during their childbearing years before, during, and after pregnancy," Lindsie says. "We also offer family planning management and well-woman exams. Midwives love teaching, answering questions, and helping patients understand what they're going through and what to expect moving forward."

Lindsie says that building lasting relationships with patients allows midwives to enhance access to high-quality care for entire families.

To schedule an appointment with Lindsie, call the Women's Clinic at 541-966-0535.

Operating Smoothly

At St. Anthony Clinic, three visiting general surgeons ensure access to close-to-home surgical care continues.

When you need a colorectal cancer screening or your appendix removed, you shouldn't have to drive up to 90 minutes to see a general surgeon. That's why, when St. Anthony Clinic's general surgeon retired earlier this year, a solution was put in place: Three surgeons would rotate through the clinic for one week at a time, ensuring uninterrupted coverage.

General surgeons Pamela Gruchacz, MD, Mark Jaroch, MD, and Robert Snow, DO, visit St. Anthony Clinic from out of state. The group model of care enhances patients' access to general surgery.

"We always have a surgeon available now," says Katy Norton, MHA, Director of Provider Services at St. Anthony Clinic. "During the week they're in the community, each surgeon sees patients in clinic, performs procedures, and takes call to handle emergency cases."

FITTING RIGHT IN

The general surgeons perform various procedures, including appendectomies, colonoscopies, endoscopies, hernia repairs, and gallbladder removals.

"These surgeons have a lot of experience treating people in both big cities and small towns," Katy says. "They've told me they enjoy coming to Pendleton because the people here are so nice. They have plenty of room to take on patients. I love that we can keep care local for the people we serve."

To schedule an appointment with a general surgeon, call St. Anthony Clinic at 541-966-0535.





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THIS PUBLICATION IN NO WAY SEEKS TO SERVE AS A SUBSTITUTE FOR PROFESSIONAL MEDICAL CARE. CONSULT YOUR DOCTOR BEFORE UNDERTAKING ANY FORM OF MEDICAL TREATMENT OR ADOPTING ANY EXERCISE PROGRAM OR DIETARY GUIDELINES.

Called to Help

Cindy Parks focuses on serving others, whether behind the scenes at St. Anthony Hospital or on the front lines of disaster response.

A clinical pharmacist at St. Anthony Hospital for 23 years, Cindy spends her workdays ensuring patients receive the medications they need.

"Clinical pharmacists review and verify the physicians' medication orders and ensure the automated dispensing cabinets are loaded correctly," Cindy says. "In the morning, we meet with a group of physicians, nurses, respiratory therapists, and other clinicians to create the best care plan for each patient in the hospital. This team approach helps us provide better care."

GOING WHERE SHE'S NEEDED

Cindy credits being part of a great team as one reason she enjoys working at St. Anthony Hospital. Teamwork is crucial to another of her roles, as a member of the Oregon Disaster Medical Team, a nonprofit emergency medical services organization.

A disaster medical team member for 25 years, Cindy has assisted in the wake of numerous natural disasters, including the devastating 2010 earthquake in Haiti and Superstorm Sandy in 2012.

"My biggest deployment was after Hurricane Katrina in 2005," Cindy says. "That was an unbelievable experience. Normally, we go out with the team for two weeks, but I did a double deployment and was away for four weeks. I don't want disasters to happen, but when they do, I want to be there to help."

Interested in joining the team at St. Anthony Hospital?
Visit sahpendleton.org/careers for more information.

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Wonderful ED staff.
Efficient, reassuring,
and compassionate.

**Dr. Servin-Obert is so
competent and friendly!**

She eases my anxiety by
being in the room.
Very understanding!
Thank you all!”

—H.B., ST. ANTHONY HOSPITAL
EMERGENCY PATIENT