CHI St. Anthony Hospital 2022 Community Health Implementation Strategy

Adopted October 2022





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At-a-Glance Summary

Community Served



CHI St. Anthony Hospital serves patients primarily in Umatilla County, Oregon. Umatilla County is located in Northeast Oregon and had a population of 77,129 as of the 2020 census. The largest cities in Umatilla County are Hermiston, Pendleton, Umatilla, and Milton-Freewater, and the median household income is \$57,973. The community served by St. Anthony Hospital also includes the Confederated Tribes of the Umatilla Indian Reservation.

Significant Community Health Needs Being Addressed

The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital's most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:



- Access to Health Care
- Cancer
- Heart Disease & Stroke
- Injury & Violence Prevention
- Respiratory Disease
- Tobacco Use
- Infant Health

Strategies and Programs to Address Needs



CHI St. Anthony is committed to the health and wellness of the communities we serve. In order to address the aforementioned community health needs, we are dedicating resources to continuing or implementing the following programs: Community Healthy Outreach, Provider Recruitment, Screening programs, Cardiac Rehab, Stroke program, Car Seat program, Pulmonary Rehab, Child Abuse Prevention Program and Tobacco Cessation.

Anticipated Impact



By implementing or maintaining these programs, we hope to positively impact the community health needs that are present in our communities. We hope to reach patients of all socioeconomic backgrounds and help improve quality of life.

Planned Collaboration



To help facilitate success in these programs, we plan to collaborate or are collaborating with the CHI St. Anthony Clinic, Pioneer Relief Nursery, Greater Oregon Behavioral Health, Pendleton School District, Elite Taxi, and various other community health partners.

This document is publicly available online at the hospital's website. Written comments on this report can be submitted to St. Anthony Hospital, Attn: Community Health 2801 St. Anthony Way, Pendleton, Oregon 97801 or by e-mail to sahmarketing@chiwest.com

Our Hospital and the Community Served

About the Hospital

CHI St. Anthony Hospital is a part of CommonSpirit Health, one of the largest nonprofit health systems in the U.S., with more than 1,000 care sites in 21 states coast to coast, serving 20 million patients in big cities and small towns across America.

- CHI St. Anthony Hospital is located in rural Eastern Oregon
- CHI St. Anthony Hospital is a Critical Access, 25-bed hospital
- Major program and service lines include inpatient acute care (Critical Care and Medical/Surgical), outpatient surgery, infusions, and wound care; chemotherapy, Level 4 Trauma Emergency Department, Outpatient rehabilitation, cardiac and pulmonary rehab, and rural health clinic/primary care.

Our Mission

The hospital's dedication to assessing significant community health needs and helping to address them in conjunction with the community is in keeping with its mission. As CommonSpirit Health, we make the healing presence of God known in our world by improving the health of the people we serve, especially those who are vulnerable, while we advance social justice for all.

Financial Assistance for Medically Necessary Care

It is the policy of CommonSpirit Health to provide, without discrimination, emergency medical care and medically necessary care in CommonSpirit hospital facilities to all patients, without regard to a patient's financial ability to pay. This hospital has a financial assistance policy that describes the assistance provided to patients for whom it would be a financial hardship to fully pay the expected out-of-pocket expenses for such care, and who meet the eligibility criteria for such assistance. The financial assistance policy, a plain language summary and related materials are available in multiple languages on the hospital's website.

Description of the Community Served

CHI St. Anthony Hospital serves Umatilla County and beyond in rural Northeastern Oregon. The community served by St. Anthony Hospital also includes the Confederated Tribes of the Umatilla Indian Reservation. A summary description of the community is below and additional details can be found in the CHNA report online.



- Umatilla County has a population of 77,129 based on population estimates from 2015-2019. The largest cities in Umatilla County are Hermiston, Pendleton, Umatilla, and Milton-Freewater. The total area of the county is 3,231 square miles, most of which is rural in nature. Key elements of the economy include farming and industry. There is one additional hospital in Umatilla County, located approximately 30 miles from St. Anthony Hospital.
- The median household income in Umatilla County is \$57,973, with an estimated 17.4% of residents living below the federal poverty level. 21.2% of Pendleton residents stated they would not be able to afford a \$400 emergency expense without going into debt. 85.8% of the population is reported as white, and 26.8% reported as Hispanic or Latino. 17% of the population age 25 and older do not hold a High School Diploma or GED. Approximately 9.5% of residents under age 65 do not have health insurance.

Community Assessment and Significant Needs

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in March 2022. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available on the hospital's website or upon request from the hospital, using the contact information in the At-a-Glance Summary.

Significant Health Needs

The CHNA identified the significant needs in the table below, which also indicates which needs the hospital intends to address. Identified needs may include specific health conditions, behaviors and health care services, and also health-related social needs that have an impact on health and well-being.

Significant Health Need	Description	Intend to Address?
Access to Health Care Services	Barriers to access, ratio of Primary Care Physicians, Routine Medical Care, ER Utilization, Eye Exams, Rating of Local Health Care	•
Cancer	Leading Cause of Death, Cervical Cancer Screening	•
Diabetes	Diabetes Deaths, Prevalence of Borderline/Pre-Diabetes	
Heart Disease & Stroke	Leading Cause of Death, High Cholesterol Prevalence, Overall Cardiovascular Risk	•

Significant Health Need	Description	Intend to Address?
Infant Health & Family Planning	Infant Deaths, Teen Births	•
Injury & Violence	Motor Vehicle Crash Deaths, Seat Belt/Safety Seat Use, Intimate Partner Violence	•
Mental Health	Fair/Poor Mental Health, Diagnosed Depression, Suicide Deaths, Treatment for Mental Health	
Nutrition, Physical Activity, & Weight	Low food access, Fruit/Vegetable consumption, Meeting physical activity guidelines, Access to recreation/fitness facilities, Overweight/Obesity	
Potentially Disabling Conditions	Multiple Chronic Conditions, Activity limitations, High-Impact chronic pain, Alzheimer's disease deaths, Caregiving	
Respiratory Disease	Lung Disease deaths	•
Substance Abuse	Cirrhosis/liver disease deaths, Use of prescription opioids	_
Tobacco Use	Use of Cigarettes, Chewing Tobacco, and vaping.	•

Significant Needs the Hospital Does Not Intend to Address

At this time, the hospital does not have the capacity or resources to address some significant health needs including Diabetes, Mental Health, Nutrition & Physical Activity, Potentially Disabling Conditions, and Substance Abuse. The hospital is unable to address these needs due to lack of capacity including personnel and available resources. However, the hospital intends to collaborate with and support other community entities addressing these needs however possible.

2022 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others on to address significant community health needs over the next three years, including resources for and anticipated impacts of these activities.

Planned activities are consistent with current significant needs and the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant, such as changes in community needs or resources to address them.

Creating the Implementation Strategy

The hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

In order to determine health priorities for the triennium, community health needs assessment prioritization meetings were held virtually. During these meetings, community health partners from multiple agencies, including St. Anthony Hospital, Good Shepherd Hospital, Umatilla County Public Health, Umatilla-Morrow



County Head Start and others, worked collaboratively to identify the health priorities described above.

Using these data along with the Community Health Needs Assessment report, the administrative team at CHI St. Anthony Hospital met to create a plan of action to address these needs. This team included Harold Geller, President and CEO of St. Anthony Hospital, Frank Becker, VP of Operational Finance, Cindy Shaw, Director of Patient Care, Quality, and Risk, and Emily Smith, Director of Communications, Foundation, and Community Education.

The team identified the top areas that St. Anthony Hospital is able to address. These areas included existing programs with evidence of success, adapting and creating new programs to address significant health needs, and the ability/resources to partner with other agencies to address immediate needs.

Community Health Strategic Objectives

The hospital believes that program activities to help address significant community health needs should reflect a strategic use of resources and engagement of participants both inside and outside of the health care delivery system.

CommonSpirit Health has established four core strategic objectives for community health improvement activities. These objectives help to ensure that our program activities overall address strategic aims while meeting locally-identified needs.



Create robust alignment with multiple departments and programmatic integration with relevant strategic initiatives to optimize system resources for advancing community health.



Scale initiatives that complement conventional care to be proactive and community-centered, and strengthen the connection between clinical care and social health.



Work with community members and agency partners to strengthen the capacity and resiliency of local ecosystems of health, public health, and social services.



Partner, invest in and catalyze the expansion of evidence-based programs and innovative solutions that improve community health and well-being.

Strategies and Program Activities by Health Need

Health Need: Acces	ss to Health Care Services						
Anticipated Impact (Goal)	The hospital's initiatives to address access to care are anticipated to services in the community setting, increase in available primary care of Walk-In/Same day appointments.						
			Strategic Objectives				
Strategy or Program	Summary Description	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact		
Community Health Outreach	Community Health Workers (CHWs) take the St. Anthony Hospital Community Health Outreach Van to locations in the community such as Pendleton High School, WalMart, and Salvation Army. CHWs provide education and resources such as socks, sleeping bags, sunscreen, etc.	•	•	•			
Provider Recruitment	St. Anthony Hospital is committed to continuing aggressive recruitment of primary care providers and other providers to the community to increase access for patients.	•	•	•			
Walk In Expansion	St. Anthony Hospital Rural Health Clinic will increase access to care by increasing availability of same day or walk in appointments.	•	•	•	•		
Planned Resources	The hospital will provide registered nurses, community health education program management support for these initiatives. St. Anthony will Providers to further improve access to care.						



Health Need: Access to Health Care Services

Planned Collaborators

Oregon Washington Health Network, COPES Clinic

Health Need: Canc	er					
Anticipated Impact (Goal)	Increase visibility and availability of Cancer screenings especially Cervical and Reproductive Cancers					
			Strategic Objectives			
Strategy or Program	Summary Description	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
Increase Women's Clinic Providers	Continue to recruit and onboard providers for Women's Health	•		•		
Increase promotion and awareness of routine screenings	Work with Marketing department to increase public awareness of available screening services	•	•	•	•	
Planned Resources	Provider recruitment, Public facing messaging including social media, newspaper, billboard					
Planned Collaborators	Provider recruitment, Marketing					



Health Need: Heart Disease and Stroke

Anticipated Impact (Goal)	The hospital will work to continue to improve Stroke program as well as work on preventative measures with Cardiac Rehabilitation						
Strategy or Program			Strategic Objectives				
	Summary Description	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact		
Stroke Program	Hospital will employ a Stroke Coordinator to continue to improve stroke related care metrics as well as messaging to the community regarding stroke awareness.	•	•	•	•		
Cardiac Rehabilitation	Hospital will work to continue offering a Cardiac Rehabilitation program to help patients with Heart Disease	•	•	•	•		
Planned Resources	Stroke Coordinator, Cardiac Rehabilitation RN and RT						
Planned Collaborators	American Heart Association Stroke Program						

Health

Health Need: Infant Health

Anticipated Impact (Goal)	Community will become more aware of Safe Sleep programs and resources				
		Strategic Objectives			
Strategy or Program	Summary Description	Alignment & Clinical - Capacity for Community Equitable Integration Linkages Communities	Innovation & Impact		
Community Health Outreach	St. Anthony Hospital will integrate Safe Sleep Resources into Community Outreach program	•	•	•	•
Planned Resources	Community Health Outreach program/CHWs				
Planned Collaborators	Umatilla County Public Health				



Health Need: Injury & Violence

Anticipated Impact (Goal) St. Anthony Hospital will work to help prevent child abuse and neglect as well as work to prevent child traffirm related injuries and deaths.						
		Strategic Objectives				
Strategy or Program	Summary Description	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
Mission Ministry Fund Triple P Parenting Program	St. Anthony Hospital will continue to partner to offer Positive Parenting Program and related resources to all interested parents in our service area.	•	•	•	•	
Pioneer Relief Nursery	St. Anthony Hospital will continue to provide financial support to Pioneer Relief Nursery, which works to serve atrisk families and children through support services.	•	•	•	•	
Car Seat Program	St. Anthony Hospital will continue to provide Child Car Seat Checks free of charge to anyone interested as well as free or reduced cost child seats to qualifying families.	•	•	•	•	
Planned Resources	Financial, Car Seat Program Coordinator, MMF Grant Coordinator					
Planned Collaborators	Greater Oregon Behavioral Health Inc., Oregon Department of Tran	sportation,	Pioneer Re	lief Nursery		

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Health Need: Respiratory Disease

Anticipated Impact (Goal)	Help patients improve their symptoms of Respiratory Disease					
			Strategic Objectives			
Strategy or Program	Summary Description	Alignment Clinical - Capacity for Community Equitable Integration Linkages Communities	Innovation & Impact			
Pulmonary Rehabilitation	St. Anthony Hospital will offer Pulmonary Rehabilitation with the goal of decreasing or eliminating the patient's dependence on supplemental oxygen.	•	•	•	•	
Planned Resources	Pulmonary Rehabilitation RN and RTs					
Planned Collaborators	Area providers for referrals					

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Health Need: Tobacco Use

	Reduce the number of people who use tobacco in Umatilla County				
Anticipated Impact (Goal)					
		Strategic Objectives			
Strategy or Program Summary Description	Alignment & Integration	Clinical - Community Linkages	Capacity for Equitable Communities	Innovation & Impact	
Smoking Cessation Program	St. Anthony Hospital will work to provide a comprehensive Smoking Cessation Program aimed to support patients with the goal of quitting smoking or other tobacco use.	•	•	•	•
Planned Resources	Respiratory Therapy, Tobacco Treatment Specialists				
Planned Collaborators	Marketing Department, Umatilla County Public Health, Oregon Qui	t Line			