

CHI St. Anthony Hospital 2019 Community Health Implementation Strategy






Adopted September 2019



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At-a-Glance Summary

<p>Community Served</p> 	<p>CHI St. Anthony Hospital serves patients primarily in Umatilla County, Oregon. Umatilla County is located in Northeast Oregon and had a population of 75,889 as of the 2010 census. The largest cities in Umatilla County are Hermiston, Pendleton, Umatilla, and Milton-Freewater, and the median household income is \$46,861. The community served by St. Anthony Hospital also includes the Confederated Tribes of the Umatilla Indian Reservation.</p>		
<p>Significant Community Health Needs Being Addressed</p> 	<p>The significant community health needs the hospital is helping to address and that form the basis of this document were identified in the hospital’s most recent Community Health Needs Assessment (CHNA). Needs being addressed by strategies and programs are:</p> <table border="1" data-bbox="407 722 1430 919"> <tr> <td data-bbox="407 722 862 919"> <ul style="list-style-type: none"> • Behavioral Health • Chronic Diseases • Access to Services • Violence </td> <td data-bbox="862 722 1430 919"> <ul style="list-style-type: none"> • Obesity </td> </tr> </table>	<ul style="list-style-type: none"> • Behavioral Health • Chronic Diseases • Access to Services • Violence 	<ul style="list-style-type: none"> • Obesity
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<p>Strategies and Programs to Address Needs</p> 	<p>The hospital intends to take actions and to dedicate resources to address these needs, including:</p> <p>CHI St. Anthony is committed to the health and wellness of the communities we serve. In order to address the aforementioned community health needs, we are continuing or implementing the following programs: Tobacco Cessation program, Nutrition services/counseling, Care Ride program, Community Health Fair, Relief Nursery funding, provider recruitment, community care/wellness van, and pulmonary rehabilitation.</p>		
<p>Anticipated Impact</p> 	<p>By implementing or maintaining these programs, we hope to positively impact the community health needs that are present in our communities. We hope to reach patients of all socioeconomic backgrounds and help improve quality of life.</p>		
<p>Planned Collaboration</p> 	<p>To help facilitate success in these programs, we plan to collaborate or are collaborating with the CHI St. Anthony Family Clinic, Pioneer Relief Nursery, Umatilla County Public Health, Elite Taxi, and various other community health partners.</p>		

This document is publicly available online at <https://www.sahpendleton.org/en/about-us/community-benefit/community-health-needs-assessment.html>

Written comments on this report can be submitted to 2801 St. Anthony Way, Pendleton OR 97801 or by e-mail to SAHMarketing@chiwest.com

Our Hospital and the Community Served

About CHI St. Anthony Hospital

CHI St. Anthony Hospital is a member of Catholic Health Initiatives, which is a part of CommonSpirit Health.

- CHI St. Anthony Hospital is located in rural Eastern Oregon
- CHI St. Anthony Hospital is a Critical Access, 25-bed hospital
- Major program and service lines include inpatient acute care (Critical Care and Medical/Surgical), outpatient surgery, infusions, and wound care; chemotherapy, Level 4 Trauma Emergency Department, Outpatient rehabilitation, cardiac and pulmonary rehab, and rural health clinic/primary care.

Our Mission

The mission of Catholic Health Initiatives is to nurture the healing ministry of the Church, supported by education and research. Fidelity to the Gospel urges us to emphasize human dignity and social justice as we create healthier communities.

Financial Assistance for Medically Necessary Care

CHI St. Anthony Hospital delivers compassionate, high quality, affordable health care and advocates for members of our community who are poor and disenfranchised. In furtherance of this mission, the hospital provides financial assistance to eligible patients who do not have the capacity to pay for medically necessary health care services, and who otherwise may not be able to receive these services. The financial assistance policy and a plain language summary of the policy are on the hospital's web site.

Description of the Community Served

CHI St. Anthony Hospital serves Umatilla county and beyond in rural Northeastern Oregon. The community served by St. Anthony Hospital also includes the Confederated Tribes of the Umatilla Indian Reservation. A summary description of the community is below. The Community Health Needs Assessment was conducted in Umatilla County.

- Umatilla County has a population of 75,889 as of the 2010 census. The largest cities in Umatilla County are Hermiston, Pendleton, Umatilla, and Milton-Freewater. The total area of the county is 3,231 square miles, most of which is rural in nature. Key elements of the economy include farming and industry. There is one additional hospital in Umatilla County, located approximately 30 miles from St. Anthony Hospital.
- The median household income in Umatilla County is \$50,071, with an estimated 15.6% of residents living in poverty. 65% of the population is reported as white, and 27% reported as Hispanic or Latino. 82% of residents have a high school diploma, and 15.9% hold a Bachelor’s degree or higher. Approximately 10.5% of residents under age 65 do not have health insurance.



Community Assessment and Significant Needs

The hospital engages in multiple activities to conduct its community health improvement planning process. These include, but are not limited to, conducting a Community Health Needs Assessment with community input at least every three years, identifying collaborating community stakeholder organizations, describing anticipated impacts of program activities and measuring program indicators.

Community Health Needs Assessment

The health issues that form the basis of the hospital's community health implementation strategy and programs were identified in the most recent CHNA report, which was adopted in April 2019. The CHNA contains several key elements, including:

- Description of the assessed community served by the hospital;
- Description of assessment processes and methods;
- Presentation of data, information and findings, including significant community health needs;
- Community resources potentially available to help address identified needs; and
- Discussion of impacts of actions taken by the hospital since the preceding CHNA.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at <https://www.sahpendleton.org/en/about-us/community-benefit/community-health-needs-assessment.html> or upon request at the hospital's Community Education office.

Significant Health Needs

The community health needs assessment identified the following six significant community health needs:

Behavioral Health, which encompasses needs relating to Mental Health for both Adult and Youth, Substance Abuse, Tobacco, Vaping, and Trauma.

Social Determinants of Health/Health Equity, which includes Housing, Homelessness, Food Insecurity, and Trauma.

Chronic Disease, including Asthma, Cancer, Diabetes, and Trauma.

Access to Services, which is a broad area of need including Transportations, Integrated care, Housing services, Providers, Prevention & Screening, and Nutritional Assistance.

Violence, including Child Abuse, Domestic Violence, Sexual Abuse, and Trauma.

Obesity, including Physical Activity, Trauma, and Nutrition.

Significant Needs the Hospital Does Not Intend to Address

The hospital intends to address at least one sub topic in each of the six identified health priority areas, with the exception of Social Determinants of Health/Health Equity. At this time, the hospital does not have the capacity or resources to address these issues which include housing, homelessness, and food insecurity. However, the hospital intends to collaborate with and support other community entities addressing these needs however possible.

2019 Implementation Strategy

This section presents strategies and program activities the hospital intends to deliver, fund or collaborate with others to address significant community health needs over the next three years. It summarizes planned activities with statements on anticipated impacts and planned collaboration. Program Digests provide additional detail on select programs.

This report specifies planned activities consistent with the hospital's mission and capabilities. The hospital may amend the plan as circumstances warrant. For instance, changes in significant community health needs or in community assets and resources directed to those needs may merit refocusing the hospital's limited resources to best serve the community.

The anticipated impacts of the hospital's activities on significant health needs are summarized below, and for select program initiatives are stated in Program Digests. Overall, the hospital anticipates that actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to needed and beneficial care; and help create conditions that support good health.

The hospital works to evaluate impact and sets priorities for its community health programs in triennial Community Health Needs Assessments.



Creating the Implementation Strategy

CHI St. Anthony Hospital is dedicated to improving community health and delivering community benefit with the engagement of its management team, board, clinicians and staff, and in collaboration with community partners.

In order to determine health priorities for the triennium, community health needs assessment prioritization meetings were held at two locations within the county. During these meetings, community health partners from multiple agencies, including St. Anthony Hospital, Good Shepherd Hospital, Umatilla County Public Health, Umatilla-Morrow County Head Start and others, worked collaboratively to identify the six health priorities described above.

Using these data along with the Community Health Needs Assessment report, the administrative team at CHI St. Anthony Hospital met to create a plan of action to address these needs. This team included Harold Geller, President and CEO of St. Anthony Hospital, Frank Becker, VP of Operational Finance,

Janeen Reding, VP of Human Resources, Cindy Shaw, Director of Patient Care, Quality, and Risk, and Emily Smith, Director of Communications, Foundation, and Community Education.



The team identified the top areas that St. Anthony Hospital is able to address. These areas included existing programs with evidence of success, adapting and creating new programs to address significant health needs, and the ability/resources to partner with other agencies to address immediate needs.

Strategy by Health Need

The tables below present strategies and program activities the hospital intends to deliver to help address significant health needs identified in the CHNA report.

They are organized by health need and include statements of the strategies’ anticipated impact and any planned collaboration with other organizations in our community.



Health Need: Behavioral Health

Strategy or Program Name	Summary Description
Tobacco Cessation	<ul style="list-style-type: none"> Comprehensive program to assist patients in cessation of tobacco use

Anticipated Impact: The tobacco cessation program aims to assist patients in quitting tobacco use. We anticipate using this program to help patients in our area quit using tobacco products including cigarettes, smokeless tobacco, and vaping. This program is in its infancy at St. Anthony Hospital and we anticipate continuing to bolster and develop this program in response to the community health needs assessment. In 2018, this program was able to provide 58 patient counseling interactions, 362 interactions in 2019. We are hopeful to increase these numbers through continuation and possible expansion of the program.

Planned Collaboration: This program was helped in its foundation by the receipt of Tobacco Cessation grant funding obtained from the Eastern Oregon Coordinated Care Organization (EOCCO). Through these EOCCO funds, we were able to train multiple providers as Tobacco Treatment Specialists, as well as create collaboration between local primary care providers for tobacco cessation referrals and follow-up. We plan to continue these collaborative efforts as well as possibly expand to other primary care offices throughout the county.



Health Need: Chronic Diseases

Strategy or Program Name	Summary Description
Pulmonary Rehabilitation	<ul style="list-style-type: none"> This program aims to assist patients in reducing their need for supplemental oxygen and increasing activity level/stamina.
Tobacco Cessation	<ul style="list-style-type: none"> By helping patients quit tobacco use, and specifically smoking, we hope to reduce the incidents of childhood asthma and reactive airway disease related to secondhand smoke

Anticipated Impact: These programs will aim to improve quality of life for patients by addressing the health need of Chronic Diseases, specifically Asthma and Chronic Obstructive Pulmonary Disease.

Planned Collaboration: The hospital will partner with area Primary Care Providers for referrals and follow up care.



Health Need: Access to Services

Strategy or Program Name	Summary Description
Community Care Van	<ul style="list-style-type: none"> This van will visit area community centers to provide on-site screening and health education
Care Ride Program	<ul style="list-style-type: none"> This program provides taxi/transportation vouchers to patients without transportation who are coming to/from appointments at the hospital
Community Health Fair	<ul style="list-style-type: none"> This community health fair is a free public event in which community members of all ages can receive health education and screenings
Patient Financial Assistance	<ul style="list-style-type: none"> Patient financial assistance is available to eligible patients who do not have the capacity to pay for medically necessary healthcare services
Provider Recruitment	<ul style="list-style-type: none"> This program provides aggressive tactics and strategies to recruit providers to our rural community for primary care and other services, thus increasing patient access to care.

Anticipated Impact: These strategies will help the members of our service area gain access to needed healthcare services for treatment as well as health promotion and disease prevention.

Planned Collaboration: We plan to, or are already collaborating with the following agencies: Umatilla County Public Health, area Primary Care Clinics and providers including the St. Anthony Rural Health Clinic, Senior Centers in several area communities, Yellowhawk Tribal Health Center, Blue Mountain Community College Nursing Program, Umatilla/Morrow HeadStart, Pendleton Farmer’s Market, and others.

 **Health Need: Violence**

Strategy or Program Name	Summary Description
Pioneer Relief Nursery	<ul style="list-style-type: none"> • Support of Community Relief Nursery for at-risk families
<p>Anticipated Impact: This relief nursery provides childcare/preschool services at no charge for at-risk families, with the goal of reducing child abuse and neglect. Currently the relief nursery is located in Pendleton, and St. Anthony Hospital is supportive of efforts to expand services to West Umatilla County in the future.</p>	

Planned Collaboration: St. Anthony Hospital works closely with Pioneer Relief Nursery to provide funding, building space, and support with fundraising efforts. In addition, a member of the St. Anthony Hospital Administrative team sits on the Board of Directors for Pioneer Relief Nursery.

 **Health Need: Obesity**

Strategy or Program Name	Summary Description
Nutrition Services	<ul style="list-style-type: none"> • This program provides nutrition counseling to patients who are obese or at risk for obesity. • Weight Management classes are also offered for those seeking to lose weight or maintain a healthy weight • Nutrition services/screening services will be available on the Community Care Van mentioned previously
Community Garden	<ul style="list-style-type: none"> • In this triennium, St. Anthony Hospital will seek to create a community garden to help provide healthy food for community members.

Anticipated Impact: These programs will help community members to lose weight and/or maintain a healthy body weight, thus addressing the health need of obesity. It will also help to increase access to healthy foods through the community garden.

Planned Collaboration: St. Anthony Hospital plans to collaborate with area agencies to provide nutrition information on the Community Care Van. There will also be collaboration with area primary care providers for referrals and treatment. The St. Anthony Hospital Foundation will collaborate with funding assistance for the creation of the community garden.

Hospital Board of Trustees - 2019

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